

Sports Trainer Job Description

- Provide sports instruction to clients/participants
- Provide reports on clients/participants development and attitude
- Assess participants injuries sustained during training
- Escalate serious injury concern to the coach, club Sports Trainer Coordinator, or the appropriate authority
- Stay abreast with modern methods and techniques, including expertise in the treatment and rehabilitation of injured players
- Ensure all participants observe the game rules and regulations, as well as rules in relation to head injuries
- Make certain that all necessary team first aid tools are available
- Guarantee that all equipment, such as squeeze bottles and ice packs etc. required by the participants during training are available.